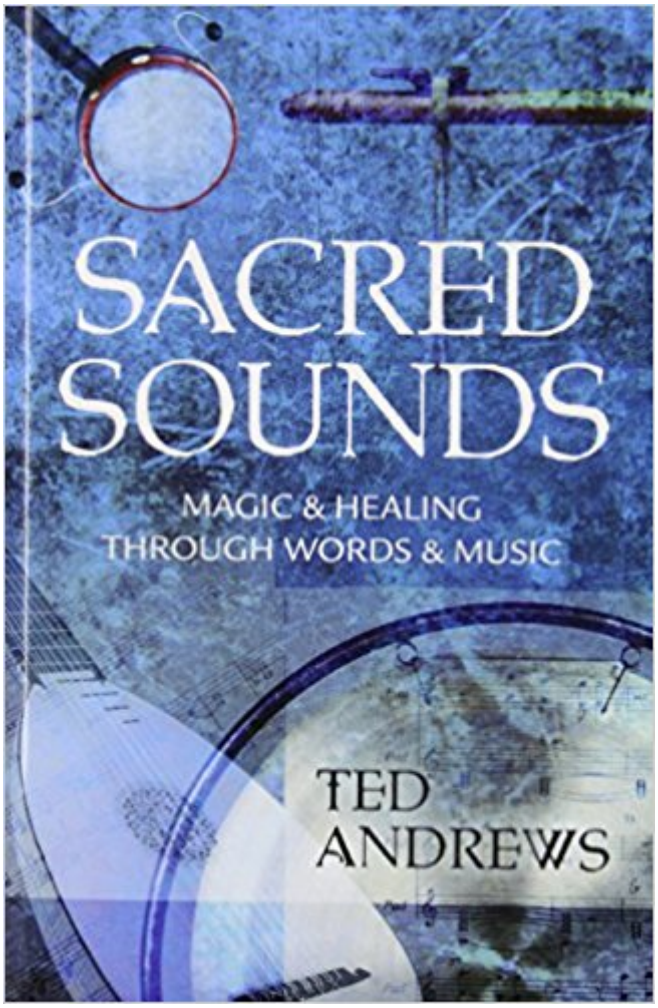
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Sacred Sounds: Magic & Healing Through Words & Music



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Synopsis

In virtually every system of spirituality the world has ever known, sound has been considered a direct link between humanity and the divine. The ancient mystery schools all taught their students the use of sound as a creative and healing force. Now, Sacred Sounds by Ted Andrews reveals how to tap into the magical and healing aspects of voice, resonance, and music. On a physical level, these techniques can be used to alleviate aches and pains, lower blood pressure, and balance hyperactivity in children. On a metaphysical level, they can be used to induce altered states of consciousness, open new levels of awareness, stimulate intuition, and increase creativity. Sounds can heal through their vibratory energy. To understand how this works you need to understand the power of vibratory energies within your body. This book will teach you about the chakras and how energy flows through them. You'll see what happens if that energy is blocked and learn how sound can be used to free the energy, a practice that can result in healing the physical body. To be even more specific, you'll learn the secrets of esoteric toning, healing method that involves vibrating certain vowel sounds. You will discover that each vowel has different pronunciations and different purposes. Thus, if you pronounce the vowel "a" as in "hay," you can help with problems of the chest and circulation. If you pronounce it as in "cat," you can heal respiration and mouth problems. And if you pronounce it as in "saw," it can aid digestive problems. All of this and more is fully explained in Sacred Sounds. Perhaps the most famous users of sound were the bards. In Sacred Sounds you will learn their history, lore, training methods, healing techniques, and more. In short, when it comes to using sound for magical and spiritual purposes, Sacred Sounds should be your key text. Get it today.

Book Information

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Customer Reviews

At the heart of all lost spiritual and magical traditions was the teaching of the Power of the Word ÃƒÂ the ability to use sound, music, and voice to affect changes in others and in yourself. The relaying of these teachings usually fell to individuals schooled in the natural and spiritual laws of the universe. Now you can learn these secrets in Sacred Sounds by Ted Andrews. These traditional teachers used the secret arts of sound to instruct, heal, and enlighten. They imbued their words with the power of the imagination and the power of music. Healing, song, and sorcery went hand-in-hand. The myths, stories, poems, and songs bridged the different worlds of life and the different modes of consciousness. And they kept the traditions and esoteric mysteries alive for the people. It is these mysteries and traditions you'll discover in Sacred Sounds. The book explains how the music of different composers relates to the signs of the zodiac. With this information you will discover how to use this music to enhance the spirit or heal the body. You'll see how different sounds affect the health of different parts of the body, and understand how to use this to heal yourself or others. If you would like a powerful magical tool that requires nothing more than your voice, you need to get Sacred Sounds.

Ted AndrewsÃ Â (1952-2009) was an award-winning author and deeply respected teacher in the metaphysical and spiritual fields.Ã Â Through his seminars, symposiums, workshops, and lectures, he was committed to making esoteric material comprehensible and practical for everyone. Ted Andrew's many gifts included clairvoyancy, aura interpretation, past-life analysis, dreams interpretation, numerology, and Tarot. He wrote many books on these subjects, but is best known for his work with animal mysticism and for his bestselling Animal Speak: The Spiritual & Magical Powers of Creatures Great & Small. Certified in basic hypnosis and acupressure, Andrews was also involved in the study and use of herbs as an alternative path in health care, focusing strongly on esoteric forms of healing with sound, music, and voice. In addition to his interest in metaphysics, Ted was a trained pianist and often used the Celtic harp, bamboo flute, shaman rattles, Tibetan bells, Tibetan Singing Bowl, and quartz crystal bowls to create individual healing therapies and induce higher states of consciousness. Ted Andrews is the author of The Healer's Manual; Animal-Speak, How to See & Read the Aura; Enchantment of the Faerie Realm; Crystal Balls &

Crystal Bowls; How to Uncover Your Past Lives; How to Heal with Color; Sacred Sounds; Simplified Qabala Magic; and many other New Age titles. He passed away on October 24, 2009.Ã Â Ã Â

This is a very well written book, as Ted Andrew's books are. They provide a great deal of explanation, details, and how-to instructions. This book provides lots of background information on the use of sound, in words and in music and how sound has related to healing for many years, much of which has become a lost art. Ted covers a lot of history, for credibility and for understanding the linear path to nowadays.If you think it is not logical that sounds can affect you, ask yourself how you feel when you listen to certain types of music. Try it. Does some music make you angry, some sad, some peaceful, and does some music make you feel love? How about words? Is there a word someone could call you to make your blood boil? Is there something nice someone said to you recently that made you feel like you could just melt? That's just to get you thinking. Now what if someone told you that you could maybe begin to reverse a health problem by playing a note that corresponds the the chakra area that has an energy blockage? Bull??? Worth a try?Ted goes all the way into details of 10 names of God from the Qabala and how to tone them properly. He explains which music notes influence and balance which chakras and a whole lot more. After reading this book, I now understand what is happening with my voice and why. There is a lot of metaphysical information found in this book as it relates to the use of sound that you will not normally find just anywhere. If you're looking for that kind of information, get the book.If you are interested in how animals might have messages for you, check out "Animal Speak" by Ted. I have also read several other books of his on the topics of angels and spirit guides, colors, and auras. They are all well written and provide a lot of information.

This book is a must for me, I really love it, so much good info in a very accessible language, it's always a great pleasure to read it again. Anyone who believes like me in the power of the sound in out life must read this book. Thanks to the author for his beautiful work.

For real expansion of mind and soul fast shipping and fast delivery 5 stars for sure Namaste Robert Scott

I love this book. It is so full of amazing information I can only read a few pages at once.

This is a wonderful short history of the healing practices of sound, song and language. In our world

of constant manufactured noise, we need to remember the sacred nature of sound and its healing properties. A very informative and uplifting book. Empower yourself with this ancient knowledge!

Reading this book changed my life. I have always been very deep into music, and even play guitar. This has given me a greater relationship with music and I am now using music for healing.

I am not finished with this book yet, but already intrigued. It has a lot of information that I have always wanted to learn more about and I am very happy I found this book!

The author gives historical information on sound in ancient cultures as well as giving practical information on how to apply sound in your daily life. It was easy to read and enjoyable. His application was more in depth then I expected in regard to the information and yet kept everything easy to understand and use. It has been fun adding a few things to my daily routine.

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